

# tidal

## to start

malasadas-paradise  
doughnuts 10 (3ea)  
guava jam / yuzu ginger curd **veg**

acai & granola 12  
papaya bowl / house made granola  
local honey / tropical fruits / kiwi / coconut **veg**

## to share

grilled octopus 'al pastor' 21  
coconut creamed corn cake / longanisa jam  
sesame brava sauce / black garlic aioli  
pickled pineapple salsa **gf**

## dried scallop congee 18

soy braised duck / pork fried peanuts  
fermented chili's / poached egg **gf**  
'best seafood dish' & 'first place overall'  
san diego bay wine & food festival 2018

## caesar salad 17

baby gem lettuce / lemongrass breadcrumbs  
white anchovies / shaved pecorino cheese  
pickled lotus root / bacon lardons

## mains

### tidal breakfast 16

two eggs any style / garlic fried rice / choice of protein / choice of toast  
**protein:** applewood-smoked bacon, house spam, portugese sausage  
**toast:** sourdough, whole grain, or brioche loaf

### malted tahitian vanilla waffle 13

roasted pineapple honey butter / coconut caramel / tropical fruits **VEG**

### kalua pork & cabbage 17

garlic fried rice / fried eggs / choice of toast  
**toast:** sourdough, whole grain, or brioche loaf

### charred eggplant omelet 15

garlic fried rice / ma po tofu / soyrizo / crispy shallots / choice of toast  
banana ketchup **VEG**  
**toast:** sourdough, whole grain, or brioche loaf

### egg foo yung shrimp omelet 19

chinese sausage / shisito peppers / scallions / water chestnuts / shiitake gravy  
waffled furikake rice cake / bonito flakes

### island style breakfast sandwich 17

house made spam / green onions / eggs any style / island rolls / kimchi aioli / choice of side

### tidal loco moco 18

waffled furikake rice cake / bacon wrapped pork longanisa meatloaf / sunny side egg  
tempura maui onions / coconut shiitake miso gravy

### rock crab fried rice 18

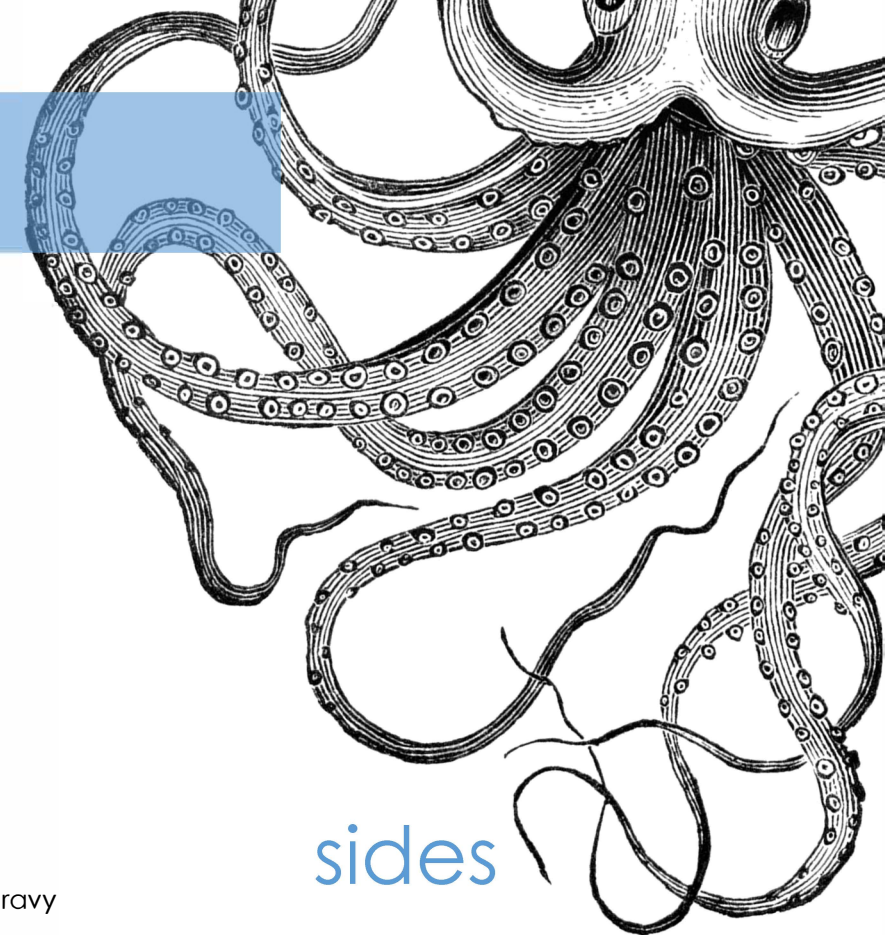
chinese sausage / snap peas / broccolini / organic scrambled egg / citrus ponzu  
oyster sauce / crispy garlic / hibiscus pickled onion

### duroc pork shoulder tocino 16

palm sugar rubbed / garlic fried rice / fried eggs / green papayas / cucumber salad

## brunch

sundays 9 - 2



## sides

tidal salad 6

lava salt fries 6

herbed tri-colored  
potatoes 5

bacon (3) 5

portugese sausage 5

cage free

brown eggs (2) 4

seasonal fresh fruit 6

house spam (2) 5

artisional toast (2) 5

sourdough baguette, brioche loaf  
or whole grain batard

As we support the new minimum wage and other mandates, a 3.5% surcharge will be added to each check allowing us to continue to provide the hospitality and quality of food you have come to enjoy. 18% service charge will be added to parties of six or more. Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food borne illness.

# cocktail

**sol driver** 12  
tito's vodka / orange juice  
blood orange / orange bitters

**espresso martini** 14  
kettle one vodka / kahlua / espresso

**bramble collins** 13  
hendricks gin / blackberry / lemon

**super smash basil** 13  
sipsmith gin / lemon / basil  
bitters / ginger beer

**under the tuscan sun** 14  
woodford reserve bourbon / grapefruit  
lemon / aperol

**matter of thyme** 13  
ketel one vodka / thyme / lime / ginger beer

**coral crush** 12  
sipsmith gin / coconut / lime / agave an-  
gostura bitters

**paradise punch** 16  
bacardi rum / amaretto disaronno  
cranberry / pineapple / grenadine  
peache de vigne

**bubbles & berries** 15  
grey goose vodka / lemon  
seasonal berries

# classic brunch carafes

**mimosa**  
cava / orange juice  
glass 7 | carafe 24

**shandy**  
pilsner / grapefruit juice  
glass 8 | carafe 22

**bloody mary**  
vodka / house mary mix  
glass 10 | carafe 28

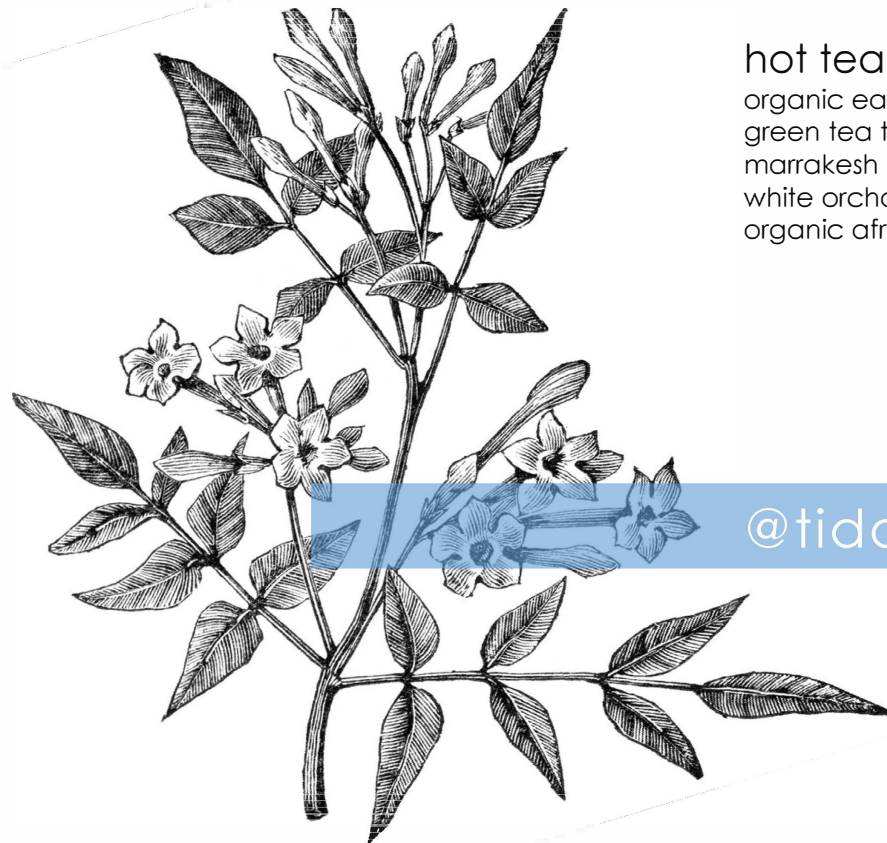
# beverage

**milk** 4<sup>50</sup>  
whole  
nonfat  
soy  
chocolate

**juice** 4  
orange  
apple  
cranberry  
pineapple

**coffee**  
regular/decaf 3<sup>50</sup>  
espresso 4  
cappuccino 4  
latte 4

**hot tea** 3<sup>50</sup>  
organic earl gray  
green tea tropical  
marrakesh mint  
white orchard  
organic african nectar



@tidal\_sd

# beer

## draft

ballast point  
**longfin** pint 8  
lager / 4.5% / san diego

mike hess  
**8 west** pint 8  
honey wheat / 6.0% / san diego

duckfoot  
**the looker** pint 8  
blonde ale / 5.0% / san diego

alesmith  
**.394** pint 8  
pale ale / 6.0% / san diego

stone brewing  
**delicious** pint 8  
ipa / 6.0% / san diego

coronado brewing  
**mermaid's red** pint 8  
red ale / 5.7% / san diego

## bottle & can

ballast point  
**sculpin** 12oz 8  
ipa / 7% / san diego

new belgium  
**fat tire** 12oz 8  
amber ale / 5.2% / Colorado

rip current  
**java storm** 12oz 8  
imperial porter / 10.0% / san diego

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